



North Hampton Recreation



Our Mission: We strive to enhance the quality of life for all citizens, regardless of age, in our community, by creating strong partnerships & providing a variety of recreational activities, special events & services that encourage life-long learning, community, relaxation, fitness & most of all
FUN!!!

Some key Town & Registration information



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Two Easy ways to register:

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1. **BY MAIL** Go online & download registration form at www.northhampton-nh.gov.

Click on Recreation. Please fill out important contact information along with the participant name & program registering for. ALL participants MUST have a completed form before the program begins. Incomplete & unsigned forms will be rejected.



2. **WALK IN** You can drop by the Recreation Department which is located in the town offices above the Police Station. The entrance is located at the back of the building. Parking is available next to the left side of the Fire Station. Walk through the red door and walk upstairs or ride the elevator. We're located on the 2nd floor.

FEES Registration fees needs to be paid PRIOR to the start date of the program, unless other arrangements have been made. Instructors, materials and supplies are a part of the fee. **PAYMENT MUST ACCOMPANY REGISTRATION FORM. Please make checks payable to: Town of North Hampton. A \$25 fee is charged on all returned checks as well as the full amount of registration & return fee in cash.**

SCHOLARSHIP FUND If you have an unusual family financial situation that limits your child's participation in a program, please fill out the scholarship form & contact the Recreation Department to make arrangements for a partial fee waiver. Scholarships are available for youth programs and are not available to adults. Local families & businesses generously donate tot his important fund. Please do not let your child miss out due to financial constraints, we can help!!!

HOW TO WATCH A GREAT PROGRAM DIE Nothing kills a recreation program faster than those who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination including staffing, facility scheduling, purchasing supplies, volunteer recruitment & transportation, Please plan accordingly. Thank you in advance.



NO NEWS IS GOOD NEWS When you register for any of our programs, there's no need to wait by the phone or computer-- the only time you will hear from us is if a program has been cancelled, filled or the date/time has been changed.

CANCELLATIONS & REFUND POLICY The North Hampton Recreation Department reserves the right to cancel a class/special event due to insufficient enrollment or inclement weather. Refunds will be made on all cancelled programs. There are no refunds after attendance in the first session unless a hardship is indicated. Trips are non-refundable due to pre purchased tickets, or unless we have cancelled the trip. **We follow SAU 21's cancellation schedule for inclement weather.**

OFFICE HOURS The Town Offices are open Monday-Friday, 8am-4pm. However, there will be times when the Rec Dept. is out of the office due to coordinating programs or running errands.

CONTACT THE RECREATION DEPARTMENT The best way to contact the Rec. Dept. is by email at diane@northhampton-nh.gov or by phone at 603-964-3170 or

VOLUNTEERS Volunteers **ARE Key & essential** to running certain programs, field trips & special events. They enable us to provide a much larger program format at considerable savings to the community. Please join our volunteer list today!!!

TO ERR IS HUMAN We apologize in advance for any typos & errors. Thank you!



RECREATION COMMISSION MEMBERS We meet the first Monday of every month. **Susan Beattie, Sandy Dewing, Sharon Hart, Larry Murphy, Guil Spencer & Brenda Worrell**

Events & Trips

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COPPAL HOUSE CORN MAZE, LEE, NH

Come with your navigational abilities equipped to find your way through this **AMAZING** feat of agricultural engineering. Steer through living walls of corn over 8 FEET on over 6 acres of land!! This year's maze creation is called "Coyote Howling at The Moon." This will be an adventure to remember. To take a closer look go to: www.nhcornmaze.com

Where: Coppal House Farm, Lee, NH, 3:15pm-7:15pm

When: Friday, October 26, 2007

Fee: \$10, includes corn maze admission, bus & adventure!!!



TRICK OR TREAT

The Town of North Hampton celebrates Trick on Treat on October 30, 4-7pm, the day before Halloween, October 31. Please join the North Hampton Recreation & Fire Departments at the Fire Station for some hot chocolate, warm apple cider and cookies. Stop by, warm up and grab a bag of goodies, check out the fire trucks & show off your costume! Trick or Treat bags will be provided and sent home through your children's Friday folders & will also be available at the Rec Dept. & Library.



HALLOWEEN COLORING CONTEST

Look for the Halloween Coloring Contest sheets in your kids' Friday folders in the beginning of October. We'll have three different age categories and your family artist's creation will receive a Certificate of Participation along with a place of honor on the Town Office walls! You can also download a coloring form sheet from the Recreation Department web site.



AN EVENING WITH SANTA

You and your child (ren) are cordially invited to spend an evening with Santa! Your child (ren) will have the opportunity for an up close visit with North Pole's favorite resident. Picture opportunities are available along with a free Polaroid pic taken by one of North Hampton's finest! Every child will leave with a smile and a goodie bag. Enjoy hot chocolate, warm apple cider or decorate their very own gingerbread cookie! A flyer will be sent home with the exact date.

When: Saturday, Date TBD; 2007, 6-7pmish

Where: Old Town Hall (next to Joe's Meat market)

Fee: Free. If you would like to donate a new unwrapped toy, book, or game, a box will be available for the toy bank.



COCO KEYS WATER INDOOR RESORT, DANVERS, MA

This trip was a Summer Rec Camp fav! Coco Keys is located right inside of the Sheraton Ferncroft, Danvers, Ma. Adults and kids alike can escape & experience outrageous slides, body flumes, the Adventure River, Parrots Perch interactive play area, Dip In Movie Theatre, the Palm Grotto Spa, Key Quest Arcade with over 50 interactive games!!!

When: Thursday, December 27, 2007, 9am-3pm, bus leaves from NHS

Where: Sheraton Ferncroft, Danvers, Ma.

Fee: \$30, includes admission to water park and transportation. Lunch IS NOT included. Please send \$\$ or a lunch. There is a Pizza Hut Express & an A&W Rootbeer on-site.

Min: 20

Max: 40

We need Chaperones!!!!



HOLODEK : with Hampton Recreation

Your children and their friends can play against each other on the latest gaming equipment, play the latest games and all at their own gaming station. December 28, 2007 from 10am-2pm. Fee is \$20.00. Call Hampton Rec for registration or more information at 926-3932.

Teen & Adult Programs

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SEACOAST FLAG FOOTBALL

This newly developed flag football league will consist of three towns, Hampton, North Hampton & Seabrook. The North Hampton Seacoast Flag team is sponsored by Dr. Jeff Woodruff, Chiropractic. Sign up now to play against your friends in other towns and get into shape for basketball! Tourney at end of 7 week season.

Who: Ages 14-18 **When:** Saturdays, September 15-November 3, 2007

Where: Fields TBD **Time:** TBD **Fee:** \$25, includes ref, shirts.

NORTH HAMPTON REC TEAMS BASKETBALL LEAGUE

The Northeast Boys High School League runs a competitive program for high school boys who are NOT participating on a high school basketball team. Other towns involved are Dover, Hampton, Seabrook, & Eliot, ME. They play 2 games a week. Games begin IN January with an end of season tourney in March.

Who: Boys High School grades 9-12. Must be enrolled in school to participate.

When: Practice begins Thursdays, Nov. 1, 8, 15, 29, Dec. 6, 13 2007, 6-9pm

Where: NHS Gym **Fee:** TBD, includes league fees, officials & uniforms



POWER YOGA

This class offers a rigorous flow of Asanas, synchronized breathing with movement. Each class provides variation and emphasizes on focus, leading to a cleansed body and purified mind. Power Yoga is open to any level but will be sure to offer a challenging practice. Stacia McMillian & Laura Tabloski are the instructors. Please bring your own mat.

When: Tuesdays OR Thursdays, Tues. Sept. 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 2007

OR Thurs. Sept. 27, Oct. 4, 11, 18, 25, Nov. 1, 9, 15, 2007, 9-10am

Where: Old Town Hall **Fee:** \$50 per 8-weeks **Min:** 5



BODY BALL CLASS WITH WEIGHTS

A unique strength and flexibility class incorporating the use of free weights with a stability ball. This one-hour class focuses on strengthening and toning while improving flexibility and developing core muscle strength. A must have class to compliment your fitness program. Jen Quirk is the instructor. Please bring your own mat.

When: Fridays, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 2007, 9-10am

Where: Old Town Hall **Fee:** \$50 per 8-weeks **Min:** 5



ADULT CIRCUIT CLASS

An excellent and challenging workout for all fitness levels! Improve your mobility, strength and stamina performing a group of 6 - 10 strength exercises that are completed one after another, with minimal resting in between. Each exercise will be performed for a prescribed time period before moving to the next station, enhancing aerobic conditioning while being time efficient. Jeanie Rocco is the instructors. Please bring your own mat.

When: Wednesdays, Sept. 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 2007, 9-10am

Where: Old Town Hall **Fee:** \$50 per 8-weeks **Min:** 5

SENIOR FITNESS CLASS

A fun low impact class designed to increase balance, flexibility, muscle strength and endurance. This class will help improve in daily life functioning for Seniors. This 45-minute class consists of a warm up, 20 minutes low impact aerobics, muscle strengthening and balance exercises followed by a cool down. Come join us for a fun and safe workout. Please bring your own mat.

When: Wednesdays, Sept. 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 2007, 10:15-11am

Where: Old Town Hall **Fee:** \$40 **Min:** 5

WOMEN'S TENNIS LESSONS

Whether you are continuing summer lessons or are a beginner, playing tennis can be a true form of exercise while working on introductory playing strategy. Mark Moulton continues as our tennis instructor.

Who: Women's 18+, Level, Beginners & Ad. Beginners

When: Fridays, Sept. 7, 14, 21, 28, 2007

Where: Dearborn Park

Time: Level 2.0: 9:30-11am OR 11am-12:30pm

Fee: \$60

Min: 4

Max: 6



More Teen & Adults...

COED VOLLEYBALL Back by popular demand! This pick up league entails meeting new people, exercise and all the while relieving stress & just having a great time! 5

Who: Ages 16 and up.

When: Thursdays Sept. 20-Oct. 18, 2007, 7-9pm

Where: NHS gym

Fee: \$25

Min: 8

Max:



KNITTING WITH KNITTING EXPERT ANN HOGAN We welcome Knitting pro Ann Hogan back to North

Hampton Rec Ann brings her with years of knitting instruction experience. Ann has received rave reviews from students: of all ages "She's a knitting master."... "Very Caring."... "Awesome instructor". Whether a beginner or you're looking to pick up a few new techniques, this class is for you! A few advantages of knitting is the mental and creative stimulation as well as the social setting it provides.

Who: Anyone 14 and up

When: Thursdays, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1, 2007, 7-9pm

Where: Old Town Hall

Fee: \$48

Min: 5

Max: 10



FOOTSTEPS TO HEALTH A new walking program with the collaboration of Seabrook Rec, Hampton Rec, North

Hampton Rec & Winnacunnet High School, that will involve early morning walking indoors on the track in the new gym! Program to begin in late fall! Look for more information coming soon!



Preschoolins' Doins'

TUMBLING CLASSES Instructor Heather Philo will have your preschoolers laughing with delight during matt exercises, using floor techniques such as tumbles, donkey kicks, hand-stands, & cartwheels. Also covered is balancing, core strengthening and cardiovascular. Goals are to encompass building physique and character while connecting mind and body in an active and fun-filled environment!

Who: Boys and girls ages 3-5

When: Wednesdays, Sept. 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 2007, 9-9:45am

Where: Old Town Hall

Fee: \$88

Min: 5

Max: 10



WICKED FUN ART CLASSES Process Oriented Art: classes designed to bring out a child's creativity and self-expression in a fun, social, learning environment. Process oriented art is art that is focused on the process as opposed to the final output. No models are used so there is no preconceived notion of what the end product is supposed to look like. Rather, it is providing guidance and tools, which allows a child the freedom to explore technique and medium. Children are encouraged to use their natural curiosity and imagination for creative self-expression. Process oriented art promotes listening skills, fine motor skills, self confidence, and teaches children how to follow directions all while having tons of fun. Using varied themes and a wide range of mediums including (but not limited to) paint, glue, gelatin, shaving cream, and bubbles. Themes include color blending, blowing, wrapping, printing/stamping, molding/sculpture and more. Barbara Havey of **Wicked Fun Art** will be the instructor. **Parents are strongly encouraged to participate especially with the two year olds.**

Who: Boys and girls ages 2-5

When: Thursdays, 9:30-10:15, and Fridays, 1:30-2:15

Where: Wicked Fun Art

Fee: \$10 each class

Min: 5

Max: 8

DYNAMITES KARATE WITH MIKE WOROBEL MARTIAL ARTS Focuses on developing coordination, strength and flexibility while learning the basic Karate moves. Emphasizes self-discipline, courtesy and confidence. As the child advances, additional skills will be added. Boys and Girls age 4.5 -7.5 yrs. Either Tuesdays or Thursdays, at 9-9:45am or 4-4:45pm at the Time Square Plaza. For more information, **please call Mike at 964-5886 or email him at info@mwmartialarts.com.** **Please reference North Hampton Recreation when registering at Mike Worobel Martial Arts.**

PRE-BALLET WITH BALLET NEW ENGLAND Pre Ballet students begin to learn simple ballet steps both in parallel and with small amounts of turn-out. Exercises will be done at the barre and in the center. Students continue to explore creative dance concepts to develop grace, confidence and artistic expression needed for further study

Who: Boys and girls ages 6-7

When: Tuesdays, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 2007, 5-6pm

Where: Old Town Hall

Fee: \$72

Min: 5

Max: 8



More Preschoolins' Doins'

CREATIVE DANCE WITH BALLET NEW ENGLAND

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Creative Dance specializes in fostering a love of movement and music. The class will develop your child's coordination, as well as an understanding of basic dance concepts such as time, space and energy. Improvisation will be introduced to develop your child's creativity and problem solving skills. Listening and concentration will improve because of the structured environment of the dance class. Through this enjoyable and valuable educational experience, students will learn to use dance as a creative means of self-expression. Ballet shoes or barefoot is allowed, no stocking feet for safety issues.

Who: Boys and girls ages 3, 4, 5 **When:** Tuesdays, Session I: Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 2007, 4:15-5pm
Where: Old Town Hall **Fee:** \$60 per 6-weeks **Min:** 5 **Max:** 8



Sarah Cost a seacoast native, was trained under the tutelage of Mihailo Djuric, Christine Simes and Susan Duffy at BNE and BTW. She graduated from UNH in 2005 with a BA in Theatre and Dance, and was actively involved in BTW's Dance Outreach program. Sarah also trained at the SC Summer Dance Conservatory working with ballet greats such as Edward Villella, Marianna Tcherkassky and Anna Marie Holmes and jazz masters such as Nan Giordano. As a student, she was chosen to work with the Liz Lerman Dance Exchange on the Portsmouth Shipyard Project.

Kidz After School Happenin's

KIDS FITNESS

A versatile class that develops children's basic skills and muscle conditioning while creating a lifelong affinity for fitness! Introducing the concept of a training session, teaching exercise techniques with body weight calisthenics, partner exercises and lightly resisted exercises. This program is designed to build strong bodies in a fun, recreational setting! Stacia McMillian is the instructor.

Who: Boys and girls Grades K-4

When: Tuesdays **OR** Thursdays. Tuesdays, Sept. 25, Oct. 2, 9, 16, 23, 30 Nov. 6, 13, 2007, 3-3:45pm **OR** Thursdays, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 2007, 3-3:45pm

Where: NHS room TBD

Fee: \$40

Min: 5

Max: 10



GYMNASTICS

The class goals will be to encompass building physique & character with each student while connecting mind & body while in an active & fun-filled environment. Included are matt exercises, floor techniques such as forward & backwards tumbles, hand stands, cart wheels & round offs. Also included are balancing, core strengthening & cardiovascular. Heather Philo is the instructor.

Who: Boys and girls Grades K-3 **When:** Thursdays, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 2007, 6-6:45pm

Where: Old Town

Fee: \$88 7-week

Min: 5

Max: 10



TENNIS LESSONS for Pee Wees (ages 5-7) & Juniors (ages 8-11)

Whether a beginner or a continuation of summer lessons will continue. Our instructor, Mark Moulton offers something for everyone! All skills covered forehand, backhand, serve, volleys, and match play.

Who: Pee Wees Ages 5-7 **When:** Saturdays, Sept. 8, 15, 22, 29, 2007, 8-8:45am

Who: Pee Wees Ages 7-8 **When:** Saturdays, Sept. 8, 15, 22, 29, 2007, 9-10am

Who: Juniors Ages 9 + **When:** Saturdays, Sept. 8, 15, 22, 29, 2007, 10-11am

Fee: \$40

Where: Dearborn Park

Min: 4

Max: 6



NHS DANCE TEAM 7th & 8th Grade dance class that focuses on technique & hip hop choreography. The dance coach is

Mrs. Lauren Martin (formerly Ms. Magner), Grade 7 teacher at NHS, who has dance experience of 20 years. Students will be given the opportunity to perform at events. Therefore, attendance is crucial. Students may wear comfy clothes that they can move in & hair must be worn off their face.

Who: Boys and girls grades 7 & 8th

When: Thursday, Sept. 6, 13, 20, 27, Oct. 11, 18, 25, Nov. 1, 8, 15, 2007

Where: NHS Room TBA

Fee: \$75 for 10 meetings **Min:** 5

Max: 10



Some more Kidz After School Happenins'

HAWAIIAN DANCE I CANCELLED-SORRY!

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In this class you will learn the basic steps and arm movements to prepare you for the learning of the Hula, which is a story telling dance with the movement of the body & arms to describe the song. Once the basics are established you will be ready to learn the many Hawaiian dances that are exciting and fun! You will be working many body parts making it a great way to exercise!

Who: Boys and girls grades K-8 **When:** Tuesdays, Oct. 16, 23, 30, Nov. 6, 13, 2007, 2:50-4pm
Where: NHS Room TBD **Fee:** \$60 **Min:** 6 **Max:** 10



HAWAIIAN DANCE II CANCELLED-SORRY!

These classes will teach many hula dances. Knowing the basics will be required for this class. A performance will be at the end of class and TBD by instructor.

Who: Boys and girls ages K-8 **When:** Tuesdays, Nov. 20, 27, Dec. 4, 11, 18, 2007, 2:50-4pm
Where: NHS Room TBD **Fee:** \$60 **Min:** 6 **Max:** 10

THE NHS DRAMA CLUB

The NHS Drama Club will give students with an interest in theatre the basic tools needed to enhance their performing skills. They will be taught how to read a script and develop their own characters, learn memorization techniques, what to do, or *not* to do at an audition, when it's OK to overact, and what to do onstage when you're not actually talking. They will also learn some fundamental choreography moves and have a great time doing it! The NHS Drama Club members will perform at the annual NHS

Harvest Fest at the end of October. **Instructors are** Marsha Zavez, NHS Integrated Arts and Drama teacher & Martha Lemire, Executive Director of Ballet New England

Who: Boys and girls grades 5, 6, 7, 8,
When: Wednesdays, Sept. 19, 26, Oct. 3, 10, 17, 24, 2:50-4:15pm
Where: NHS Room TBD
Fee: \$72

Min: 6 **Max:** 15



KID VID CHECK THIS OUT!!!

Movie producers Steven Spielberg, Walt Disney & George Lucas all began their early careers making home movies. This 2-hour 6 week program will cover the basics of post production, video equipment, writing short scripts, develop crews & produce your own film & shoot and edit a short documentary!!! Lew Ann Cooley of Shenanigans Productions is the instructor of this exciting and informative workshop. Lew Ann is a free lance producer & director in the film & video field. She has produced MADE IN MAINE segments for PBS. The spring Session they will create a short film.

Who: Boys and girls grades 4-8th
When: Tuesdays, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 2007, 2:50-4:50pm
Where: NHS Room TBD
Fee: \$100 per 12 hours

Min: 6 **Max:** 8



IMPROV CLASSES

ANYONE can act! EVERYONE can improv! IMPROV games improve spontaneity, encourage cooperation, plug us into your intuitive creativity & will make your grandmother chuckle at you! ALL experience levels are most welcome at IMPROV, where we will laugh our way through experience of theatre fundamentals that can be transferred to any facet of life. IMPROV will be a hands on path to your own brand of humor & a fuller sense of yourself through IMPROV games. Tai Chi exercises & Juggling included! Instructor is Will Fraser.

Who: Boys and girls grades 4-8th **When:** Mondays, Nov. 26, Dec. 3, 10, 17, 2007, 2:50-4pm
Where: NHS classroom TBD **Fee:** \$40 **Min:** 5 **Max:** 10

Will Fraser fell in love with the stage at Winnacunnet High School, and for the past ten years has acquired acting and directing experience with local theatres, improv troupes, camps and schools throughout New England. A graduate of UNH's Theatre-Dance Department, Will has also toured nationally with the educational children's theatre company, Theatre IV, out of Richmond, Virginia. Will is currently an educational associate at Winnacunnet High School and the co-advisor of its awesome Drama Club.



A little bit more after school programs

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GAMIN' GIRLS CLUB AT HOLODEK

Hang out with your friends & meet new ones while practicing your DDR dance moves, jamming with Guitar Hero II, or compete with your fav Webkinz pet. It's sure to be a good time! Holodek has a reserved a room for them exclusively. Supervision provided by Holodek staff, this new club is sure to be a great hit!!!

Who: Girls grades 6-8th
Where: Holodek, Hampton

When: Wed, Sept. 19-Dec. 19, 2007, 3:15-5pm
Fee: \$25, includes games, snacks & good times

Min: 5 **Max:** 10



CHESS CLUB

This program focuses on chess strategy, annotations, solving chess problems & individual games with other chess members. Steve Norton, a teacher at Greenland School, is the instructor and runs the Chess Clubs in Rye & Greenland. Students of all abilities are welcome. A chess tournament is held at the end of the school year against other local chess clubs.

Who: Boys and girls grades 1-8
Where: NHS, Room TBD

When: Thursdays, Sept. 27-Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 2007, 2:50-4pm
Fee: \$50 for eight weeks

Min: 8 **Max:** 12



PIANO LESSONS

Leave your kids in the hands of professional musician & teacher, Nancy Roberts, who has over 25 years of performance & over 20 years of teaching experience. Nancy is a graduate of Bates College, Maine, with a Music & English degree. Topics studied will include, learning the keyboard, music reading skills, notes values & rhythm, ear training, theory & good practice skills while learning music types ranging from classical to popular.

Who: Boys and girls grades 1-12. A child in Kindergarten will be considered.

Where: Band room, NHS

Fee: \$207, for 10 lessons! -Only \$20.70 per lesson. There may be an additional cost for lesson books.

Session 283039M Mondays, Sept. 24, Oct. 1, 15, 22, 29, Nov. 5, 19, 26, Dec. 3, 10, 2007

Session 283039T Tuesdays, Sept. 25, Oct. 2, 16, 23, 30, Nov. 6, 13, 27, Dec. 4, 11, 2007

Session 283039W Wednesdays, Sept. 26, Oct. 3, 17, 24, 31, Nov. 7, 14, 28, Dec. 5, 12, 2007

Session 283039TH Thursdays, Sept. 20, Oct. 4, 25, Nov. 1, 8, 15, 29, Dec. 6, 13, 20, 2007

Please call Nancy Roberts for time availability at **431-6238**. Any lesson missed by the music teacher will be made up. Please call Nancy if your child will not make a lesson.



KNITTING + KIDZ

Welcome back knitting expert Ann Hogan. Ann worked with the Rec Dept back in the day and has returned! She has instructed countless numbers of knitters and would like to continue to teach the tradition of knitting to the children! She has received rave reviews from past students: "She's a knitting master!".. "Very Caring"... "Awesome instructor".

Who: Boys and girls ages 10+

When: Session I: Mondays, Oct. 15, 22, 29, Nov. 5, 19, 2007, 2:50- 4pm

When: Session II: Mondays, Nov. 26, Dec. 3, 10, 17, 2007, Jan. 7, 14, 2008

Where: NHS, room

Fee: \$48 for six-weeks

Min: 5 **Max:** 8



MOSAICS FOR BEGINNERS K-3

Learn the basics of applied Mosaics in this workshop. In session I create a simple mosaic design using glass coaster. You'll get to choose designs once class begins. In Session II, a holiday theme will be designed. **This class needs a min. of 10 participants before Sept. 17. (session I) & October 22 (for Session II) otherwise the class will be cancelled.** The owner of Accents In Glass, who has 30 years of stained glass experience, is the instructor.

Who: Boys and girls grades K-3

When: Session I Monday, Oct. 1, 2007

When: Session II, Monday, Nov. 5, 2007, 2:50-4pm

Where: NHS Room TBD

Fee: \$12, each session

Min: 5 **Max:** 15



MOSAICS FOR BEGINNERS GRADES 4-8TH

Dabble in mosaics and create a beautiful stepping stone! Begin with your own drawing & design, work with nippers & other tools to create your very own stepping stone! Finish with grouting your masterpiece! **These workshops need a min. of 10 students, otherwise it will be cancelled.** Sign up at least 2 weeks prior to the start date: October 1 for Session I & October 15 for Session II. Owner of Accent's In Glass will be the instructor.

Who: Boys and girls grades 4-8

When: Session I, Mondays, Oct. 15, 2007 **When: Session II**, Nov. 19, 2007, 2:50-4:45pm, 2 hour workshop

Where: NHS, room TBD

Fee: \$20, includes all materials & supplies

Min: 5 **Max:** 15

DIVE INTO MARINE SCIENCE WITH THE SEACOAST SCIENCE CENTER

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Have you ever held a live lobster or seen the tube feet of an urchin with a microscope? Join a naturalist from the Seacoast Science Center learn about some amazing ocean life in a hands-on and fun way! Each week we will investigate a different group of marine creatures, getting up close and personal with crabs, sea stars, mussels and more. Most sessions will feature live animals to touch and observe. Exciting games and activities will add to the afternoon fun!

Who: Boys and girls grades 1-4 **When:** Thursday's, Nov. 1, 8, 15, 29, Dec. 6, 13, 2007, 2:50-4pm
Where: NHS Room TBD **Fee:** \$65 per six weeks **Min:** 8 **Max:** 12



6th, 7th, 8th GRADE HOMEWORK CLUB

Your child will be in a structured & relaxing environment, staffed by Jan Devore, a member of the middle school team. Jan has been a member of both the 7 & 8th grade teams & knows the curriculum. Please send your child with a snack. Homework club runs in three sessions. Payment can be made for all year or can be sent in 3 increments of \$45.00, which covers 2 hours per week. A registration for MUST be completed before child can attend.

Who: Boys and girls grades 6-8 **When:** Mondays & Wednesdays, beginning Sept. 10, 2007, 2:50-4pm
Where: NHS Room TBD **Fee:** \$45 per session, 2 times a week **Min:** 8 **Max:** 16



4th GRADE HOMEWORK CLUB

Your child will be in a structured & relaxing environment, staffed by 4th Grade UNH interns who are familiar with the curriculum. Please send your child with a snack. Homework club runs in three sessions. Payment can be made for all year or can be sent in 3 increments of \$45.00, which covers 2 hours per week. A registration for MUST be completed before child can attend.

Who: Boys and girls grades 6-8 **When:** Mondays & Wednesdays, beginning Sept. 10, 2007, 2:50-4pm
Where: NHS Room TBD **Fee:** \$45 per session, 2 times a week **Min:** 8 **Max:** 16

RED CROSS BABYSITTING COURSE

During this six hour course, students will learn the important basics of responsible, safe babysitting, including decision making, safe play, first aid, how to respond to emergencies & the business of babysitting. Bring a snack & drink & get ready for a fun-filled & informative program! Fee includes an ARC manual, an American Red Cross certificate will be issued to participate upon completion of course. Hurry and sign up as there are only 10 spaces available!

Who: Boys and Girls ages 11+ **When:** Monday & Wednesday, Sept. 24 & 26th, 2007, 3-6pm
Where: NHS room TBD **Fee:** \$50 **Min:** 5 **Max:** 10

CHAIR/FURNITURE PAINTING

This class will bring out their inner creativity by experimenting with painting, stenciling, sponging & stamping their very own chair! No previous experience needed! Every piece will be eye catching & unique to its owner. Instructor is Diane Wheeler.

Who: Boys and girls Grades 3-8th **When:** Mondays, Dec. 3, 10, 17, 2007, 2:50-4pm
Where: NHS Room TBD **Fee:** \$20, includes unfinished chair, supplies **Min:** 3 **Max:** 5



GUNSTOCK SKI CLUB

Registrations begin Oct. 5! There are only 50 spots available and is on a first come first serve basis. The Ski Club begins in January and will be Friday nights after school at the Gunstock Ski Area. A \$100 deposit upon registration and remainder to be paid prior to the first ski date. Please fill out all Gunstock forms & indicate child's ski/snowboard level. Bus leaves Friday after school & returns late in the evening, approx. 10-10:30. All children grades K-3 need to be accompanied by a parent. **Chaperones are NEEDED and ski /board for free! Prices will be determined once Gunstock sends out information.**



WINDMILL PITCHING LESSONS

Meg Biddle continues as our pitching instructor. Meg has an impressive & extensive pitching instruction background & has currently over 20 private students as well as works at Planet Fastpitch as a pitching instructor. Meg played DI at UCONN, & professionally for the Brakettes. A Beginners session (0-1 yrs. Experience) & Intermediate/Advanced Levels will be instructed. Development will occur through progressive drill & skills.

Who: Ages 8-18 **When:** Sundays, Jan. 6, 13, 20, 27, Feb. 3, 10, 17, Mar. 2, 2007
Where: NHS gym **Time:** 5-6pm for Beginners & 6-7pm for Intermediate/Advanced
Fee: \$100



More town information...

Who runs the local organized youth sports? NORTH HAMPTON YOUTH ASSOCIATION does! While the Recreation Department runs the town after school enrichment programs and sports & summer rec camps, NHYA runs the soccer, basketball, and baseball programs. North Hampton Youth Association runs the town organized youth sports programs and is comprised solely of volunteer parents who live throughout the community. The NHYA board is looking for a few new members, so if you find that you would like to become involved with coaching your child (ren), or helping in organizing registrations or maybe you have some great computer skills and would like to help update the web site. Perhaps, you have a few hours to help with phone calls... Whatever amount of time you can share would be greatly appreciated. Registration forms & information are sent home in NHS Friday folders. There are vacant positions that they are looking to fill. For more information please go to www.nhyaonline.com.

President: Mr. Sandy Dewing/ mlths@aol.com

VP: Michele Peckham/michelepeckham@earthlink.net

Secretary: Lisa Martin/lisa.martin@libertymutual.com

Treasurer: Moe Vincent/moevincent@aol.com

Soccer Commish Grades K-2: Dave MacArthur/david.macarthur@comcast.net

Travel Sting Soccer: Doug Moore/ddm4236@comcast.net

Basketball/K-6th Grades: Kerry Whitten/kerrytheref@comcast.net

Baseball/Cal Ripken 3-8th Grades: Rob Eberle/reberle@bottomline.com

Softball: Sandy Dewing



2007-2008 NHYABASKETBALL REGISTRATIONS FOR K-6: October 16, 17, 19, 20, 2007. More information will be sent home in the Friday folders, and information is also located in the Hampton Union. The deadline to register is October 25th. Please add a \$10 late fee to the registration fee after October 25th.

HAMPTON YOUTH ASSOCIATION: HYA: Hampton Youth Association accepts North Hampton children when they reach an age/grade that NHYA does not offer programs in their age division. For more information, please go to their site at www.eteamzactive.com/hamptonyouthsports/

HAMPTON ATTACK: Offers travel soccer, basketball & lacrosse. For more information, please email Jim MacVane at jgmacvane@comcast.net

LITTLE WARRIORS FOOTBALL: Go to www.littelwarriorsfootball.com

DEARBORN PARK is a town owned park and offers 4 tennis courts, a playground, pavilion and playing fields. It is located on Rt. 111, just off of Post Road. Dearborn Park is a carry-in/carry out Park. Please bring trash bags for trash removal. Every bit helps. Please help keep our parks clean from litter.



THE BANDSTAND is also a town owned park located at the intersection of Rt. 111 & Rt. 151. The bandstand committee is comprised of a volunteer board who work year round to offer the residents some of the areas best music, during the summer-time, from Big Band, to Blues to swing or a little something for the kids-there's always something for everyone! Dolores Chase is the Bandstand Committee Chair.

KNOWLES FIELD is a privately owned by the Knowles Family. NHYA uses this field for soccer & baseball. It is located off of Birch Road.

NORTH HAMPTON SCHOOL located at 201 Atlantic Ave. is a K-8th grade school. It has several fields; a softball, a baseball & a multi-purpose field of soccer/field hockey/lacrosse, named Robinson's Field. Peter Sweet is the Principal.

DAYLIGHT SAVING TIME: Don't forget to set your clocks back one hour on the first Sunday, November 4, 2007.

Sponsor Page

A big warm squishy thank you to the local businesses and families who donate generously to the North Hampton Scholarship fund. The fund assists children in attending afterschool programs or summer rec camp, for which they would not be otherwise able to attend. Last school year and this summer the scholarship fund assisted over 45 children!!! Thank you again for your compassion and commitment in helping others. ~*Diane Wheeler , Recreation Director*

"It takes a village..."

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A Special thanks to Claire Acura North for sponsoring our summer rec camp teens for six years!!! If you would like to donate to the North Hampton Scholarship, please mail to: North Hampton Recreation, 233 Atlantic Ave, North Hampton, NH 03862.

Please make checks payable to : Town Of North Hampton.

... "to raise a child." ~ African Proverb



Summer Scenes...

Here's looking at North Hampton during summer with North Hampton Rec. From L-R: Seacoast United Soccer Camp at Dearborn Park & courts, Tennis anyone? Instructor Mark Moulton, Women's Tennis, Line 2/L-R. Water day at Little Nippers Preschool Summer Rec Camp, Nicholas & Friends, Samantha, the Slip N slide Queen, BIG Smiles at Little Nippers, Andrea Heath, asking Diane why she isn't wet during water day at summer rec. Line 3/L-R: Alex, Kelsey, Betsy, Eric, Kelley & ???? Unidentified summer rec counselor under fudge, whipped cream & cherries. Line 4/L-R: FA Gray, 1st Place Coed Softball, Meridian Builders, Rotary, J's Bio Pro Softball teams, Not pictured: KGM & Drayco Builders. Line 5/L-R: Chris Coates Hoop Camp & players, The Royalty of Rec, the last day of bombardment, Line 6: L-R: Miz DeVore, Summer rec gang & counselors.

Thank you for your continued support and for another great & fun-filled summer!!! The benefits are endless...



WE WANT TO REC YOUR WORLD!!!